

## Dêl â Diod... Meal Deal...

Llun – Gwener (ac eithrio gwyliau banc) Monday – Friday (excludes bank holidays)

**£7.95**

am un o brydau y dydd a dewis o ddiod am ddim  
for one of the day's specials plus a choice of free drink

### sampl o brydau'r dydd... sample specials...

#### Selsig a Stwnsh

selsig lleol gyda stwnsh tatws, panas crisb a greffi gwin coch a winwns

#### Sausage and Mash

local sausages served with mashed potatoes, parsnip crisps and an onion & red wine gravy

#### Risotto Hadog Mwg

gyda *pancetta* ac *ŵy* buarth wedi'i botsio

#### Smoked Haddock Risotto

topped with *pancetta* and a free range poached egg

#### Lasagne Cartref Cig Eidion

wedi'i wneud gyda chig eidion Cymreig wedi'i goginio'n araf,

a'i weini gyda bara garlleg a pherlysiau a salad bach

#### Homemade Beef Lasagne

made with braised Welsh beef and served with herb garlic bread and a side salad

### Dewisiwch un o'r diodydd canlynol...

### Choose one of the following drinks...

gwydriad o win 175ml / a glass of wine 175 ml

hanner peint o San Miguel / half pint of San Miguel

unrhyw ddiod meddal / any soft drink

te Cymreig neu ffrwyth / Welsh or fruit tea

coffi / coffee..

espresso

americano

Ar gau amser cinio dydd Mawrth

Closed for Tuesday Lunch

## prydau ysgafn... light bites...

**£4.95**

**Cawl cartref y dydd**

Gyda bara focaccia a menyn

**Homemade Soup of the Day**

Served with focaccia bread and butter

**£5.50**

**Pakora Llysiau**

wedi'u gweini gyda raita mint a chiwcymbr

**Vegetable Pakoras**

served with a cucumber and mint raita

**£5.95**

**Madarch y Maes**

wedi'u llenwi â cheddar a winwns coch wedi'u carameleiddio a'i weini ar fara focaccia wedi'i dostio

**Field Mushroom**

stuffed with cheddar and caramelized red onions and served on toasted focaccia

**£5.95**

**Pate Macrall Lleol wedi'i Fygu**

gyda sityni eirin gwyrdd, bricyll a sinsir a bara wedi'i dostio

**Local Smoked Mackerel Pate**

served with a greengage, apricot and ginger chutney and toast

## caws pob... welsh rarebit...

**£5.95**

**Caws Pob Majic Cymreig a Chawl Tomatos wedi'u Rhostio**

Caws Pob wedi ei wneud gyda Lagyr Majic Tomos Watkin a chawl mewn cwpan

**50c** gydag ŵy buarth wedi'i botsio a **50c** gyda bacwn wedi'i halltu'n lleol

**Magic Welsh Rarebit and Roast Plum Tomato Soup**

Rarebit made with Tomos Watkin's Magic Lager served on toast with a cup of soup

**50p extra** with a free range poached egg and **50p extra** with local smoked bacon

**£6.25**

**Caws Pob Majic Cymreig a Sibwns gyda Chawl Tomatos wedi'u Rhostio**

Caws Pob wedi ei wneud gyda Lagyr Majic Tomos Watkin a sibwns gyda chawl mewn cwpan

**50c** gydag ŵy buarth wedi'i botsio a **50c** gyda bacwn wedi'i halltu'n lleol

**Magic Welsh Rarebit with Spring Onion and Roast Plum Tomato Soup**

Rarebit made with Tomos Watkin's Magic Lager and Spring Onions served on toast with a cup of soup

**50p extra** with a free range poached egg and **50p extra** with local smoked bacon

**£6.50**

**Caws Pob Majic Cymreig a Chorizo gyda Chawl Tomatos wedi'u Rhostio**

Caws Pob wedi ei wneud gyda Lagyr Majic Tomos Watkin a chorizo gyda chawl mewn cwpan

**50c** gydag ŵy buarth wedi'i botsio

**Magic Welsh Rarebit with Chorizo and Roast Plum Tomato Soup**

Rarebit made with Tomos Watkin's Magic Lager and Chorizo served on toast with a cup of soup

**50p extra** with a free range poached egg

## prif gyrsiau... main courses...

### **Cyri Coconyt Gwlad Bali**

dewis o'r isod mewn cyri coconyt, sinsir, coriandr a tsili gyda reis a chraceri corgimychiaid

#### **Balinese Coconut Curry**

a choice of the following in a coconut curry with ginger, coriander and chilli, served with rice and prawn crackers

**Llysiau £7.95 Vegetable**

**Cyw Iâr £8.95 Chicken**

**£9.50**

### **Platiad Lllysieuol**

madarch y maes wedi'u llenwi â chaws pob a sibwns, tatws *dauphinoise*,  
a llysiau Canoldirol rhost wedi'u gorffen â saws tomatos heulsych

#### **Vegetarian Platter**

Field mushrooms stuffed with rarebit and spring onions, dauphinoise potatoes  
and roast Mediterranean vegetables finished with a sundried tomato sauce

**£10.50**

### **Brest Cyw Iâr o'r Badell**

gyda thatws wedi'u ffrio, llysiau wedi'u stemio a saws tomatos heulsych a hufen

#### **Pan-fried Chicken Breast**

served with sautéed potatoes, steamed vegetables and a sundried tomato cream sauce

**£14.50**

### **Ffiledi o Ddraenog y Môr Cymreig o'r Badell**

wedi'i weini gyda croquette chorizo, tatws wedi'u ffrio â garlleg, cennin, a salsa tomatu, sialots, brenhinllys ac olew olewydd.

#### **Panfried Fillets of Welsh Sea Bass**

served with a chorizo croquette, garlic sautéed potatoes, buttered leeks, and a tomato, shallot, fresh basil, and olive oil salsa

**£16.50**

### **Stecen Syrlwyn Duon Cymreig 10oz**

gyda sglodion cartref a thomato wedi'i grilio

Dewis o saws : Pupur Du neu Menyn a Garlleg (£1.50 ychwanegol)

#### **10oz Welsh Black Sirloin Steak**

served with handcut chips and a grilled tomato

Choice of sauces : Black Pepper or Garlic Butter (£1.50 extra)

## yn ychwanegol... extras...

**£2.50**

**Sglodion Cartref  
Hand-cut Chips**

**£2.50**

**Salad Cymysg  
Mixed Salad**

**£1.50**

**Bara, Olew Olewydd, Balsamig  
Bread, Olive Oil, Balsamic**

**£2.50**

**Bara Garlleg  
Garlic Bread**